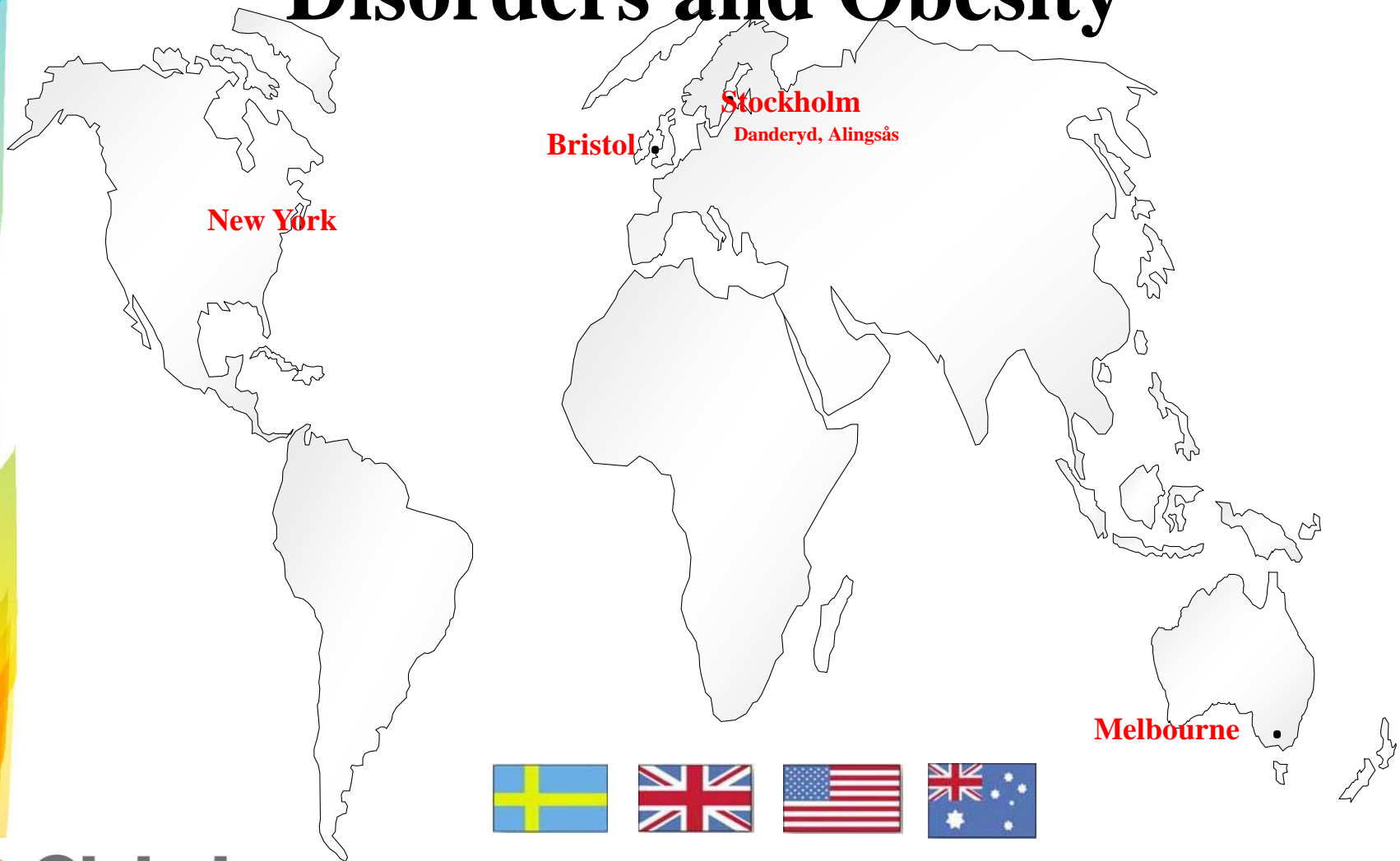
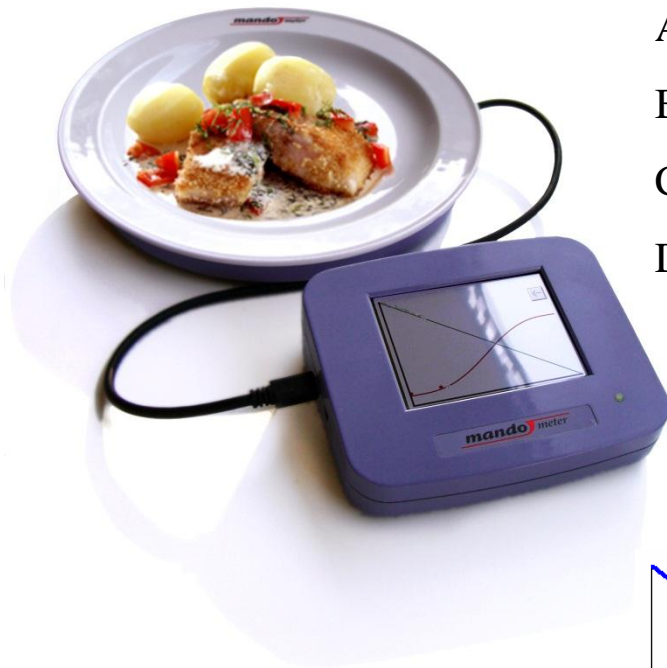


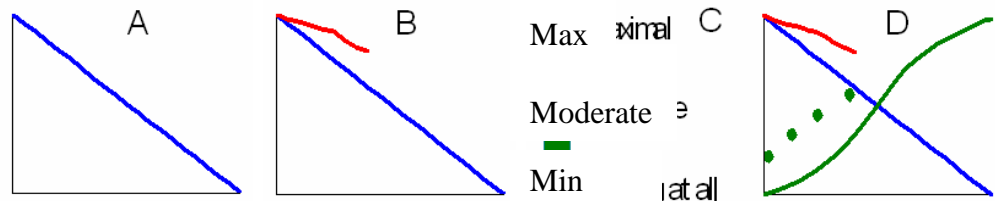
Mandometer Treatment for Eating Disorders and Obesity



Mandometer[®]



- A. A curve is shown on the screen (**blue line**).
- B. When you eat the eating speed is shown (**red curve**).
- C. The Mandometer asks how satiated you are.
- D. You adapt your eating speed and satiety (**green filled circles**) to training curves.



A Virtual Clinician

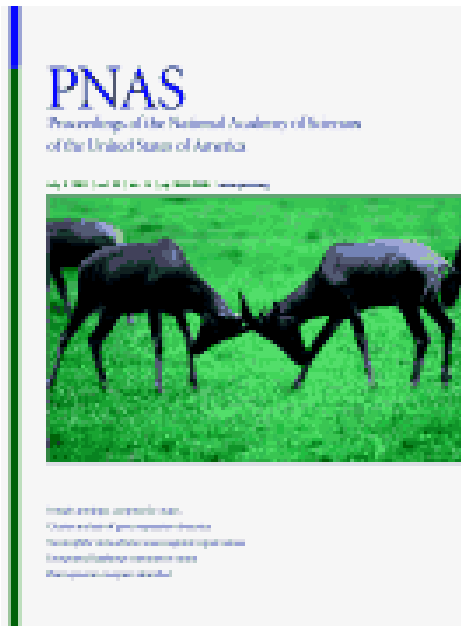
The image displays a digital interface for a virtual clinician named Dr. Cecilia. On the left, a website banner features a portrait of Dr. Cecilia, a blonde woman in a blue blazer, with the text: "Dr. Cecilia Virtual Case Manager", "You can ask Dr. Cecilia any question about eating disorders and Mandometer treatment. She is online answering your questions any time of day", "drcecilia.mandometer.com", and the "mandometer" logo with the website "www.mandometer.com".

The right side of the image shows a virtual notebook with a purple cover and silver spiral binding. The notebook is open to a page titled "Dialogue" in cursive. The left page of the notebook contains the text: "You can see the ongoing session here. You can choose to see earlier sessions by clicking on them in the list below." Below this is a list of sessions with a vertical scrollbar on the right:

- Ongoing session
- > 2012-05-15 / 15:35
- 2012-05-12 / 16:20
- 2012-05-12 / 16:07
- 2012-05-10 / 15:54
- 2012-05-07 / 16:20
- 2012-05-05 / 15:49
- 2012-05-01 / 12:47
- 2012-04-25 / 10:39
- 2012-04-10 / 15:49
- 2012-03-10 / 14:40

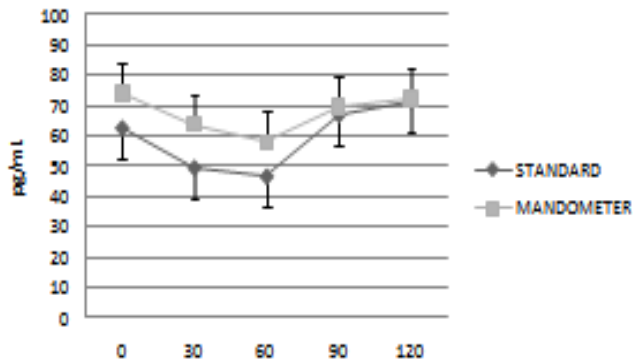
The right page of the notebook shows a date and time stamp "2012-05-15 / 15:35" at the top right, followed by a star rating "★★★★☆" and a review section. It includes a "Dr. Cecilia's review:" section with five stars and a "Your review:" section with radio buttons for "Positive", "Neutral", and "Negative". The main text on the right page reads: "while seeing how fast you should be eating. In this way, you learn what you need to practice in order to train yourself to eat normally. You can also estimate your own satiety during the meal and compare with a normal level of satiety to train yourself to experience normal satiety. Another advantage is that a Mandometer registers how your eating behavior changes over a long period of time so that we can see the progress that you have made." Below this is a question from "Jenny" and a response from "Dr. Cecilia".

On the far right of the notebook interface, there is a vertical sidebar with the text "Index", "Dialogue", "Topic", and "Statistics".

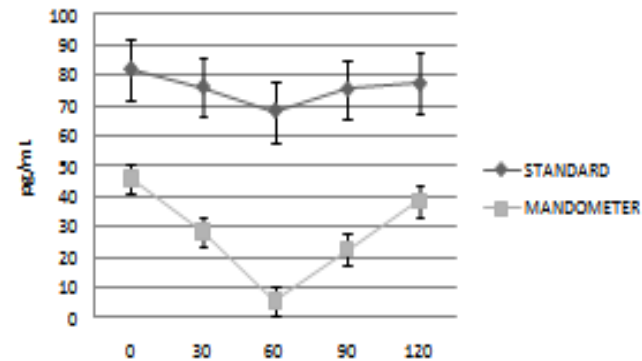


Randomized controlled trial of a treatment for anorexia and bulimia nervosa. Bergh, Brodin, Lindberg, Södersten. *PNAS* 2002;**99**:9486-91.

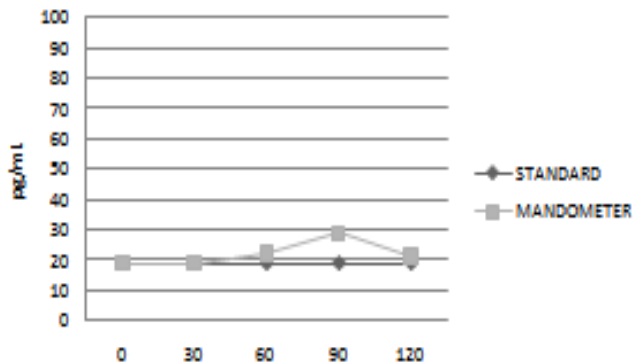
Mean Ghrelin at Baseline



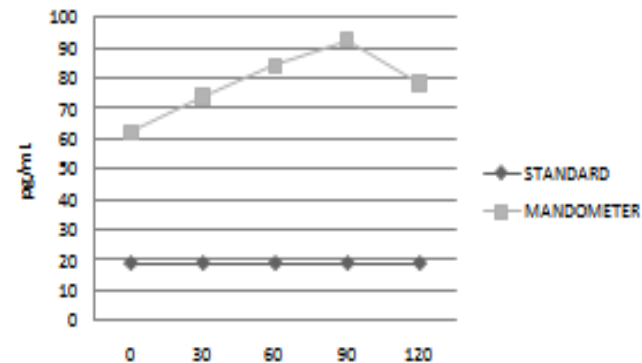
Mean Ghrelin at 12 Months



Median PYY at Baseline



Median PYY at 12 Months



Normalizing Eating Behavior Reduces Body Weight and Improves Gastrointestinal Hormonal Secretion in Obese Adolescents. Galhardo et al., *J Clin Endocrin and Metabolism*, December 7, 2011 as doi:10.1210/jc.2011-1999 .

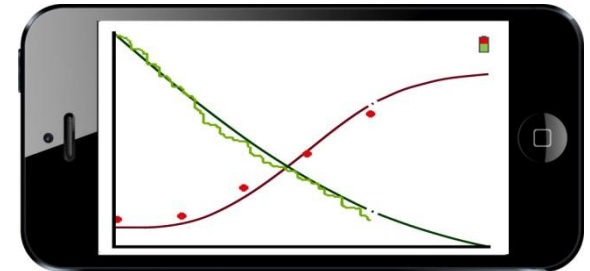


Mandometer benefits

- An non-invasive treatment.
- Patients claim not being hungry while losing weight.
- Mandometer training resulted in the same feelings of satiety despite eating less.
- No food items excluded.
- Relearning natural eating behavior and identifying biological signals for hunger and satiety.
- Preventing medical problems.

Mandometer Consumer

Wireless scale



Smartphone Apps:

- Mandometer®
- SatietyMeter®
- Dr. Cecilia