

# Pervasive ICT and Applications Alleviating the Cognitive Decline

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#### **Overview**

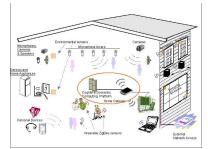
- Pervasive Computing and Ageing Well
- Prominent Application and Challenges
- Emerging Interfaces
- Some Recent Representative (EU) Research Projects



### **Pervasive Computing**

- Pervasive Computing:
  - Computationally active environments
  - Gracefully integrated with human users
- Main Approaches:
  - Tags
  - Smart Spaces
  - Wearable Computing











#### **Example Pervasive Infrastructures for Seniors**

- Apartment consoles, personalized databases
- Personal badge locators with help functions
- RF and IR locators
- Environmental sensors for location, weight, and speech recognition
- Pervasive databases Personalized databases for status and history
- Plethora of Wearable Systems
- Infrastructures for User authentication, Secure Networking, Device & Service discovery



## **Applications and Challenges**

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## **Prominent Application**

- Alleviation of Cognitive Problems, e.g.,
  - Prevention of Cognitive Decline
  - Mild Dementia
  - Alzheimer's disease (AD)
- Highest Societal Impact e.g.,:
  - By 2020, 40 million people will be affected by AD worldwide and by 2050, the number could be increased to 80 million
- Applications should target three complementary aspects:
  - Boost Mental Activation (i.e. Cognitive Training)
  - Enhance Social Interaction
  - Promote Physical Exercise



## Challenges (1)

#### Technical:

- Integration i.e. (Mental Activation + Social Interaction + Physical Exercise)
- Ergonomic and Easy to use interfaces
- ICT not isolated from human factors
- Combine the human care and support factor with innovative ICT enabled services and independent living technologies



## Challenges (2)

- Organizational / Deployment:
  - Blend ICT systems into existing processes
  - In homes, care centers, leisure centers, hospitals
  - Active involvement of gerontologists, caretakers, neuropsychologists, geriatric internists
- Economical:
  - Financing of the ICT Systems TCO (Total Cost of Ownership)
  - Balance cost distribution (public authorities, private entities, end-users?)

#### **Active Involvement of All Stakeholders Required**

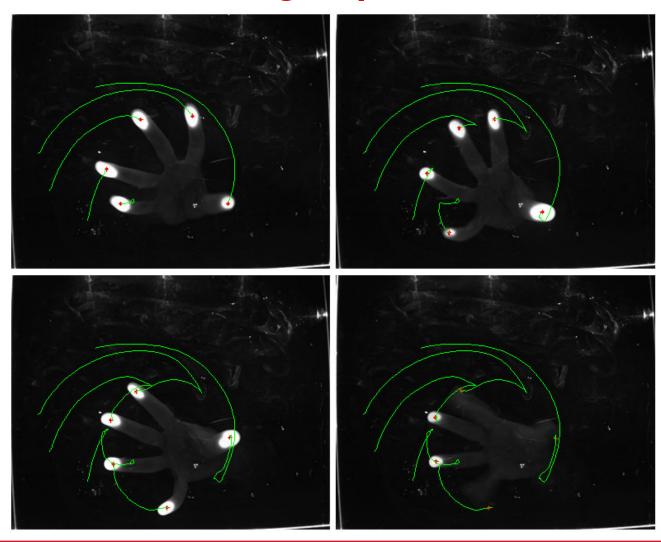
- Elderly residents / users
- Families of the residents
- Physicians and health care providers
- Experts (gerontologists, caretakers, neuropsychologists, geriatric internists)
- Staff caregivers
- Teams monitoring staff and residents
- Researchers working towards improving the quality and efficiency of care delivery



#### **Innovative Interfaces**

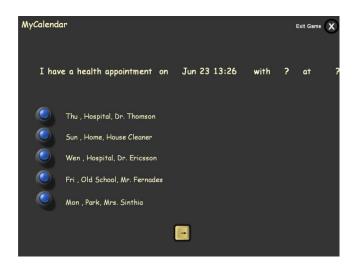
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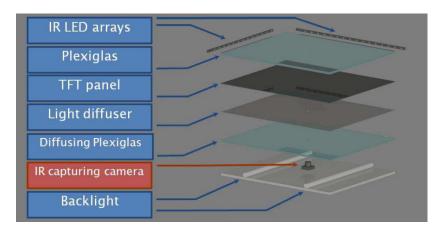
## AIT Multi-touch Surface Technology: Tracking Fingertips

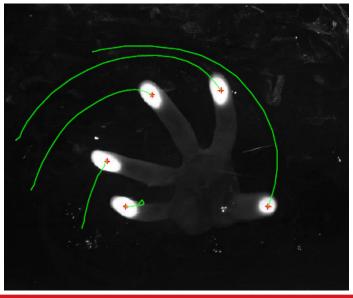


## Ergonomic Applications on the Multi-touch Surface











# Representative EC Co-funded Research Projects

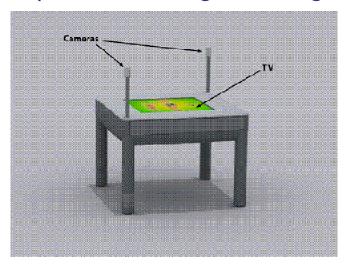
(Emphasis on Ergonomic Interfaces and Cognitive Training)

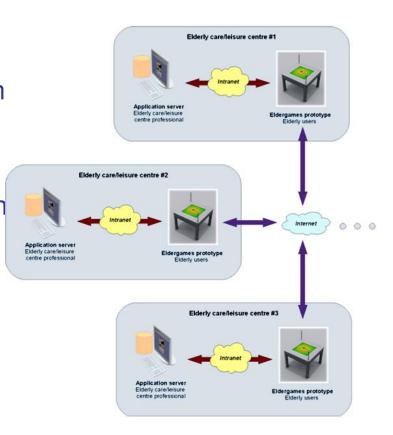
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#### **Elder Games**

- Motivating Play Environment
- Research on specific needs of elderly people
- Creation of an entertainment offering with high preventive and therapeutic value
- Particular emphasis on cognitive skills of senior citizens
- Could be combined with social interaction services
- •More info: http://www.eldergames.org

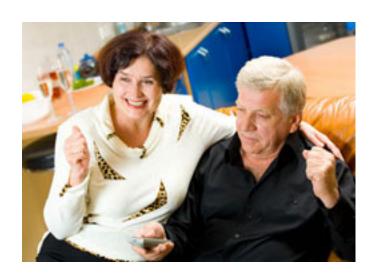






#### **Vital Mind**

- Highly cognitive brain fitness content
   R&D
- Cognitive psychology, the television medium and advanced interactive ICT
- •Enable the elderly to actively participate in mind fitness exercises while they are sitting in front of their TV set.
- New methods of UI Advances UI in front of the iDTV
- Usage of UFD with STB and authoring tools for iDTV content creation
- •More Information:
  - http://www.vitalmind-project.eu/







#### **HERMES**

- •FP7 Project Co-funded by the EC (Contract No: 216709) on ICT for Ageing Well
- Memory Aids and Cognitive Training for Ageing Well
- World's top Speech Recognition (IBM) and Video Processing Algorithms (AIT) customized to Elderly needs
- Support in domestic but also outdoor environments
- More Info: http://www.fp7hermes.eu



